

The NHS logo is positioned in the top right corner of the image. It consists of the letters 'NHS' in a white, bold, sans-serif font, set against a blue rectangular background. The background of the entire advertisement is a workshop wall with a white pegboard. Various tools are hanging on the board: a car wheel rim in the top left, a screwdriver and a wrench in the top right, and a coiled black hose in the bottom left. A yellow sticky note is pinned to the left, and a blue sticky note is pinned to the right. A photograph of a man in a red car is also pinned. The overall theme is a reminder to prioritize health screening amidst a busy, cluttered life.

NHS

Greater Manchester

☐ Sort
CANCER
SCREENING!



Call garage
& fix
brake light

**TICK
OFF YOUR
BOWEL CANCER
SCREENING**

When your screening kit arrives, don't let it slip to the bottom of your list.

Tick off your bowel cancer screening

Bowel cancer screening is a test you do at home. It checks for signs of bowel cancer and is offered to men and women aged 50 to 74 every two years. This is because your risk of getting bowel cancer gets higher as you get older.

Home test kit

You collect the sample at home and send it by post to be tested. The test – called a faecal immunochemical test (FIT) – looks for blood in a sample of your poo. **If we find blood in your poo sample, you may need further tests to help us find what is causing the blood.** For most people, no further tests are needed.



If you think you're eligible for bowel cancer screening but you've not been sent a test kit, call the free bowel cancer screening helpline on

0800 707 6060

REMEMBER: See your GP if you're worried about symptoms of bowel cancer, even if you've recently returned your bowel cancer screening kit. **Do not wait for your next bowel cancer screening test.**



Scan the QR code to watch a video about how to complete your kit.

It's your choice if you want to have bowel cancer screening. Screening does not stop you getting bowel cancer, but it is the best way to find it early.